



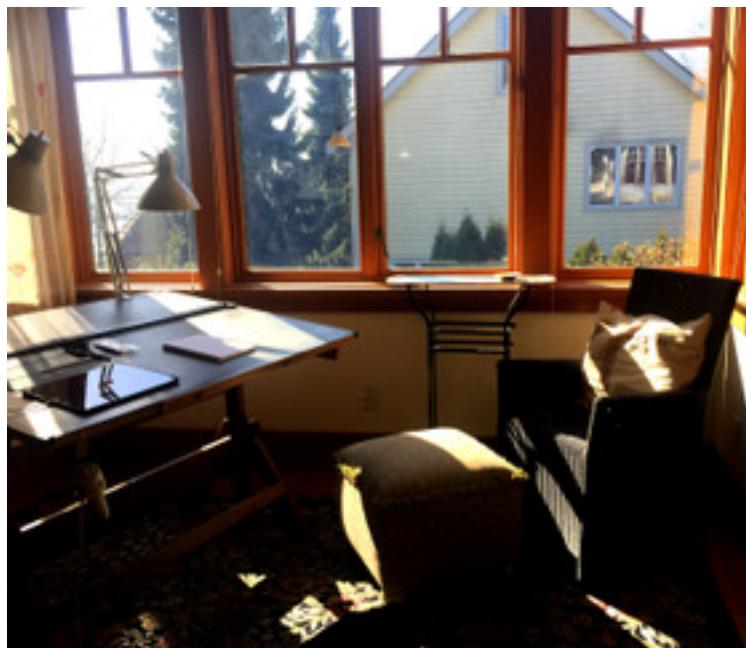
Good Morning Class: Assignment 1: **comfortable and inspired**

The list below is due: soon

1. be studio ready: find a spot(s), even small to feel **comfortable and inspired**: send a photo.
2. select 5 artists that inspire you currently: internet, books etc this can be poets, musicians. painters: share
3. favorite media to work/experiment: good to know
4. where do you want to go next in your art discovery?
5. words of wisdom leading you currently.

Here is one of my creative spots I just set up + a good happy hour studio + a vitamin D gain: win, win.

Warmly, Anita



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Assignment 2: letting go

Feel free to adapt as you need.

I began by setting up a simple still life collection.

Then I created 10 - 12 sheets of paper (sulphate paper or equiv.) @ 9" x 9", design field taped.

I began to draw/paint with any tool that was nearby or what I felt like using. Absolutely no judgement, just moving, dancing and responding.

Some I took too far, others not complete, I drew with my eye closed: all good. Color, pastel, watercolor, textures, graphite, charcoal + ink.

Soon words and phrases and concepts became more clear: '**connection, together, space'**...+ as I was sketching the shears moved on their own and leaned toward the dustpan: needing connection?

So you try this. As you 'fall in' and judge less the magic occurs all on its own. Finding meaning in your work relies on the '**'letting go'**

Create 10 - 12. A great warm up too.

Enjoy.

Anita



Assignment 2: letting go

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Assignment 3: **The fewer brush strokes the better.**

These watercolors are 5.5 x 5.5, all wet on wet, hot press paper.

I painted with a variety of brushes and colors (maybe, guess I used a neutral palette here.)

I was thinking about a particular place and time.

The landscape is so soothing, the demands are to keep it simple, pay attention to edges, create beautiful shapes + let the paint do the work. Again, no judgement, just moving, dancing and responding.

Familiar territory: As you 'fall in' and judge less, the magic occurs all on its own. Finding meaning in your work relies on the '**letting go'**

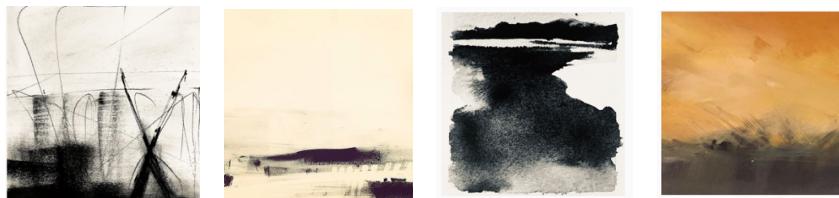
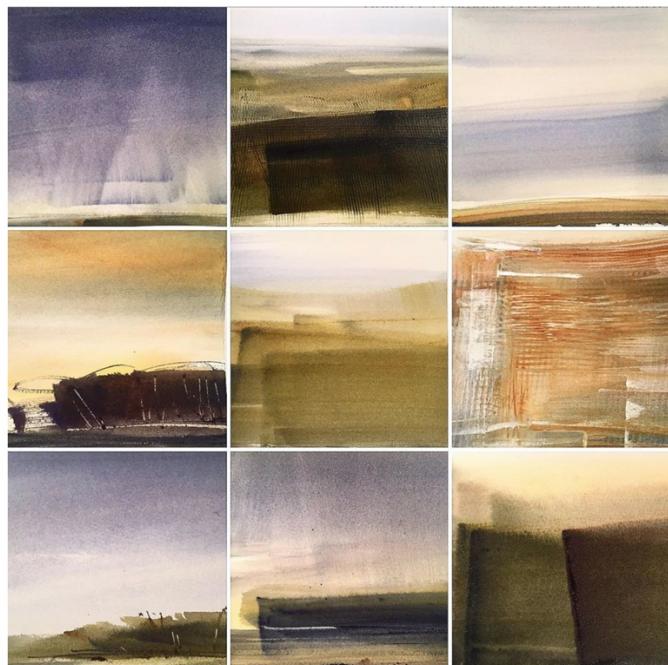
The fewer brush strokes the better.

Create 10 - 12. A great warm up too.

Feel free to adapt as you need: soft pastels could work here or charcoal too.

Enjoy.

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Good Morning Class: Assignment 4: chasing **shadows and light**



I often ask myself if shadows and light play a strong role in an artwork.

Architects think this way, as we place a building or study a space on a site or plan; where is the light?

What direction is the light coming from?

What is the time of day? The season?

What is the quality of light? Reflected? Direct?

Warm or cool light?

What mood am I trying to convey?

Task:

Set a still life (fruits and vegetables) with natural or studio light and pay attention to the shadow shapes.

A landscape (photo reference) can also be a great exercise.

Move around the light source and see how the shadow shapes change: do they connect one shape to the next?

Connection is important: yes?

Long shadows also create beautiful shapes. Value studies are key.

Shadows are wonderfully meditative too. 4-5 will do. Your media choice.

I look forward to seeing your masterpieces.

Warmly, Anita



And....



+ this is always good practice:

